



## Quiet Adventures Symposium 2025



				
Main Stage Auditorium	Grand River Room	Red Cedar River Room	Au Sable River Room	Betsie River Room
9:30-10:30	9:30-10:30		9:30-10:30	9:30-10:30
Cliff Jacobson, Darlene Patterson, Stacie Longwell-Sadowski, Kevin Callan: Got questions about canoeing and camping?	Tim Galloway: Solo Kayaking the Maine Island Trail	no session	Randall Roberts: Introduction to Ohio's 1,440 Mile Buckeye Trail	Zach Bates: Conservation is the Key to Outdoor Recreation in Gladwin County
10:45-11:45	10:45-11:45		10:45-11:45	10:45-11:30
Cliff Jacobson: My Last Picture Show: Remembering a Lifetime of Canoeing Wild Rivers	Erica Clites and Sarah Scheitler: Our Waters and Health: Harmful Algal Blooms and More	no session	Andrea Knepper: Making Decisions about Risk: The Art, The Science	Shawn Towsley and Jess Rasmussen: Solo Self Contained Bicycle Touring for Beginners
12:00-12:45	12:00-12:45	12:00-12:45	12:00-12:45	12:00-12:45
John Chase: Sea Kayaking Michigan's Grand Traverse Area	Jileesa Irwin: Assistive Technology for Outdoor Recreation	Todd Poquette: Helping Kids Win in the Game of Life... There is no Finish Line	Jon LeValley: Edged Tools for the Outdoors	Stacie Longwell Sadowski and Vince Sadowski: A Beginners Guide to Outdoor Adventuring
1:00-2:00	1:00-2:00	1:00-2:00	1:00-2:00	1:00-2:00
Kevin Callan: The Happy Camper's 10 ultimate Canoe Trips	Gary DeKock: Verlen Kruger Award and the Upper, Middle, and Lower Grand River Water Trail	Jay Hanks: Indigenous Canoe Routes of Michigan	James Studinger: Riding a Bike Around the U.P Teaches Us the Secrets to Life's Success	Sean Rowley: Paddle Like the Moose are Watching
2:15-3:15	2:15-3:00	2:15-3:00	2:15-3:00	2:15-3:00
Bruce Umpstead: Bungler's Guide to Wonderland Trail (bonus: planning advice for GNP)	Trapper Haskins: Crooked Old River: Rowing Toward Redemption on the Mississippi River	Jerry Vandiver and Caitlin Evanson: Songs about Paddling, camping, and all things outdoors	Stacie Longwell Sadowski and Vince Sadowski: Introduction to Hammocks: Hanging Out in the Woods	Z. Nwidor, F. Williams, N. Viner, T. Coates: Scaling Heights, Building Community: The Transformative Power of Climbing
3:30-4:30	3:15-4:00	3:15-4:15	3:15-4:00	3:15-4:00
Michael George: The Wolves and Moose of Minong: What we are learning	Russ Hicks: Dam Removal: Best way to Achieve Dam Safety in Michigan	Micah Leinbach and David Shapiro: Bridging the Adventure Gap: Great Lakes Adventures for All	Vern Fish and Brian Beney: Explore the Wabakimi Area	Gwen Botting, Aric Wallace, Autumn Michels: Into the Woods- Making Nature Accessible w/People w/Disabilities
	4:15-5:15	4:30-6:00	4:15-5:00	4:15-5:00
	James Dake: Accessibility for Hiking and Paddling along the Grass River	Danielle Steffey and Tim Galloway: Make the Time (Backcountry Canoe Film)	Jenny Cook and Amy Scharmen Burgdolf: Bikers, Hikers, and Horses! Oh My!	Dawn Lundin: Using sports nutrition to elevate your adventure

\* Subject to change. Please thank our Show and Room Sponsors when you see them.

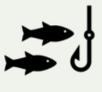
# Demonstrations



## Demonstrations at Special Times

- |             |                                     |  |   |
|-------------|-------------------------------------|--|---|
| 9:30-10:15  | Demonstration Stage<br>Exhibit Hall |    | Power to the Paddle: Exercises to Improve Your Paddling<br>John Chase           |
| 11:30-12:15 | Demonstration Stage<br>Exhibit Hall |    | Land Rolling in Your Kayak<br>Tony Pascuzzi, Tim Gallaway and Kyle Wills        |
| 1:00—1:45   | Demonstration Stage<br>Exhibit Hall |  | Use of Assistive Technology for Outdoor Recreation<br>Jileesa Irwin and friends |
| 2:00—2:45   | Demonstration Stage<br>Exhibit Hall |  | Camping Stoves<br>Jay Hanks   |
| 3:00—3:45   | Demonstration Stage<br>Exhibit Hall |  | Perfectly Pack Your Kayak for a Multi-Day Trip<br>John Chase                    |

## All Day (or Half Day) Demonstrations

- |            |  |  |  |
|------------|--|--|--|
| 9:00-5:00  | Paddling Adventures<br>Booth in Exhibit Hall   |  | Podcasting Interviews<br>Sean Rowley and Derek Specht                      |
| 9:30-5:00  | Red Cedar Fly Fishers<br>Booth in Exhibit Hall |  | Fly tying<br>Phil Stevens and Bob Ceru                                     |
| 9:30-5:00  | MI Trout Unlimited<br>Booth in Arena           |  | Fly fishing demonstration and practice<br>Doug Ruesink and friends         |
| 9:30-5:00  | Qajaq Training Camp<br>Booth in Arena          |  | Greenland Ropes<br>Tim Gallaway  |
| 11:00-2:00 | David Wermuth<br>Booth in Arena                |  | Canvassing Application to a Wood/Canvas Canoe<br>David and Michael Wermuth |
| 9:30-5:00  | MI Horse Trails Booth<br>Arena                 |  | Bikers, Hikers and Horses, Oh My!<br>Jenny Cook and Amy Scharmen Burgdolf  |