

The 31st Annual

quiet
adventures
symposium

	 Main Stage Auditorium	 Grand River Room	 Red Cedar River Room	 Au Sable River Room	 Betsie River Room	 Demo Stage Exhibit Hall South End
9:30 - 10:30	Vic Foerster: Isle Royale Stories	Stacie & Vince Sadowski: Introduction to Hammocks: Hanging Out in the Woods	Not Available	Greg & Max Marten: The ABC's of Planning your first Canoe-Camping Trip (BWCA)	Gary & Linda De Kock: The Trail of the Coeur d'Alenes by Tandem Trike	John Chase: Power to Paddle: Excercises to Improve Your Paddling
10:45 - 11:45	Peter Frank: Circumnavigating Eastern United States by Canoe	Jess Rasmussen & Shawn Towsley: Building Memories Through Cycling	Not Available	Erik Binder: Lake Powell Stand UP Paddleboard Adventure	James Dake & Jenn Wright: Boardwalks for All: Michigan's Next Great Accessible Wetland Adventure	Jon Le Valley: Outdoor Stoves 101
12:00 - 12:45	Andrea Graham & Gary De Kock: Verlen Kruger Award Presented to Peter Frank, plus more from Verlen Kruger Legacy	John Chase: Sand Dunes, Lighthouses, and Cherry Pie: Kayaking Grand Traverse Bay	Rudi Hargesheimer: Superior Trails: A Photo Tour - Hiking Lake Superior's Best! Packrafting, Too	Tim Gallaway: Navigation for Those Who Get Lost	Carl Calille & Keith Buchele: Bicycle Touring vs. Bikepacking - Which is for You?	Lunch (No Demonstrations)
1:00 - 2:00	Laura Herberg: Panel Session: Learning the Hard Way - Lessons from Misadventures.	Jeffery Holden: Dead Moose - The Citizen-Scientists of the Wolf-Moose Project	George Stockman: Team Paddling in Big Boats	Micah Leinbach: Bridging the Adventure Gap: Great Lakes Adventures for All	Marci Larsen: Finding Courage Outdoors: Building a Backpacking Community at 40+	LouAnn Stark-Dykemma: Learn the Basics of Paddling a Dragon Boat!
2:15 - 3:00	John Chase: Five Things I Wish I Had Been Told About Kayaking	Gary & Linda De Kock: Suwannee River Wilderness Trail by Canoe	Jerry Vandiver and Caitlin Evanson: Songs About Paddling, Camping and all things Outdoors!	James Dake: Bikepacking to Touring, and Everything Between: A Beginner's Guide	Jaime Welch & Sarah Keyser-Brown: Adventures for All: Empowering Independence through Adaptive Paddling	Qayaq USA Team: Land Rolling in Your Kayak
3:15 - 4:00	Jay Fowler: Grand Rapids to Washington D.C. or Bust!	Noah Viner & C.A.T. Team: Paddle. Empower. Repeat: Building Equity Through Adventure Sports	Jennifer Reynolds: Group Trip Planning: How to Create an Epic Adventure!	Anna Green: Orienteering at the Junior World Orienteering Championships: Italy, 2025	Eric Renshaw: Why Wood Boats? Sustainability & Environmental Impacts	John Chase: Perfectly Pack Your Kayak for a Multi-Day Trip
4:15 - 5:00	Michael George: Paddling In and Around the Keweenaw Peninsula	Sue Bakkila: Turn Right: Adventures in Eastern UP	Jess Rasmussen & Shawn Towsley: Cycling Adventures for ALL Abilities	Bruce Umpstead: A Bungler's Guide to Backpacking the Grand Canyon	Tim Gallaway: Make the Time - A Backcountry Canoe Film	Charlie Gabriel & Jeff Stieve: Building a 17' Dory: A design Buildable in Your Garage