

 The 31st Annual  quiet adventures symposium 						
	 Main Stage Auditorium	 ADVENTURE CREDIT UNION Grand River Room	 ADVENTURE CREDIT UNION Red Cedar River Room	 GIANT MOUSE Au Sable River Room	 Lansing Oar and Paddle Club On the Water in Mid-Michigan Since 1988 Betsie River Room	 quiet adventures society Demo Stage Exhibit Hall South End
9:30 - 10:30	Vic Foerster: Isle Royale Stories	Stacie & Vince Sadowski: Introduction to Hammocks: Hanging Out in the Woods	Not Available	Greg & Max Marten: The ABC's of Planning your first Canoe-Camping Trip (BWCA)	Gary & Linda De Kock: The Trail of the Coeur d'Alenes by Tandem Trike	John Chase: Power to Paddle: Excercises to Improve Your Paddling
10:45 - 11:45	Peter Frank: Circumnavigating Eastern United States by Canoe	Jess Rasmussen & Shawn Towsley: Building Memories Through Cycling	Not Available	Erik Binder: Lake Powell Stand UP Paddleboard Adventure	James Dake & Jenn Wright: Boardwalks for All: Michigan's Next Great Accessible Wetland Adventure	Jon Le Valley: Outdoor Stoves 101
12:00 - 12:45	Andrea Graham & Gary De Kock: Verlen Kruger Award Presented to Peter Frank, plus more from Verlen Kruger Legacy	John Chase: Sand Dunes, Lighthouses, and Cherry Pie: Kayaking Grand Traverse Bay	Rudi Hargesheimer: Superior Trails: A Photo Tour - Hiking Lake Superior's Best! Packrafting, Too	Tim Gallaway: Navigation for Those Who Get Lost	Carl Calille & Keith Buchele: Bicycle Touring vs. Bikepacking - Which is for You?	Lunch (No Demonstrations)
1:00 - 2:00	Laura Herberg: Panel Session: Learning the Hard Way - Lessons from Misadventures.	Jeffery Holden: Dead Moose - The Citizen-Scientists of the Wolf-Moose Project	George Stockman: Team Paddling in Big Boats	Micah Leinbach: Bridging the Adventure Gap: Great Lakes Adventures for All	Marci Larsen: Finding Courage Outdoors: Building a Backpacking Community at 40+	LouAnn Stark-Dykemma: Learn the Basics of Paddling a Dragon Boat!
2:15 - 3:00	John Chase: Five Things I Wish I Had Been Told About Kayaking	Gary & Linda De Kock: Suwannee River Wilderness Trail by Canoe	Jerry Vandiver and Caitlin Evanson: Songs About Paddling, Camping and all things Outdoors!	James Dake: Bikepacking to Touring, and Everything Between: A Beginner's Guide	Jamie Welch & Sarah Keyeser-Brown: Adventures for All: Empowering Independence through Adaptive Paddling	Qayaq USA Team: Land Rolling in Your Kayak
3:15 - 4:00	Jay Fowler: Grand Rapids to Washington D.C. or Bust!	Noah Viner & C.A.T. Team: Paddle. Empower. Repeat: Building Equity Through Adventure Sports	Jennifer Reynolds: Group Trip Planning: How to Create an Epic Adventure!	Anna Green: Orienteering at the Junior World Orienteering Championships: Italy, 2025	Eric Renshaw: Why Wood Boats? Sustainability & Environmental Impacts	John Chase: Perfectly Pack Your Kayak for a Multi-Day Trip
4:15 - 5:00	Michael George: Paddling In and Around the Keweenaw Peninsula	Sue Bakkila: Turn Right: Adventures in Eastern UP	Jess Rasmussen & Shawn Towsley: Cycling Adventures for ALL Abilities	Bruce Umpstead: A Bungler's Guide to Backpacking the Grand Canyon	Tim Gallaway: Make the Time - A Backcountry Canoe Film	ALL DAY Charlie Gabriel & Jeff Stieve: Building a 17' Dory: A design Buildable in Your Garage