



The 31st Annual

quiet adventures symposium



Main Stage Auditorium



9:30 - 10:30

Vic Foerster: Isle Royale Stories

Stacie & Vince Sadowski: Introduction to Hammocks: Hanging Out in the Woods

Not Available

Greg & Max Marten: The ABC's of Planning your first Canoe-Camping Trip (BWCA)

Gary & Linda De Kock: The Trail of the Coeur d'Alenes by Tandem Trike

John Chase: Power to Paddle: Exercises to Improve Your Paddling

10:45 - 11:45

Peter Frank: Circumnavigating Eastern United States by Canoe

Jess Rasmussen & Shawn Towsley: Building Memories Through Cycling

Not Available

Eric Binder: Lake Powell Stand UP Paddleboard Adventure

James Dake & Jenn Wright: Boardwalks for All: Michigan's Next Great Accessible Wetland Adventure

Jon Le Valley: Outdoor Stoves 101

12:00 - 12:45

Andrea Graham & Gary De Kock: Verlen Kruger Award Presented to Peter Frank, plus more from Verlen Kruger Legacy

John Chase: Sand Dunes, Lighthouses, and Cherry Pie: Kayaking Grand Traverse Bay

Rudi Hargesheimer: Superior Trails: A Photo Tour - Hiking Lake Superior's Best! Packrafting, Too

Tim Gallaway: Navigation for Those Who Get Lost

Carl Calille & Keith Buchele: Bicycle Touring vs. Bikepacking - Which is for You?

Lunch
(No Demonstrations)

1:00 - 2:00

Laura Herberg: Panel Session: Learning the Hard Way - Lessons from Misadventures.

Jeffery Holden: Dead Moose - The Citizen-Scientists of the Wolf-Moose Project

George Stockman: Team Paddling in Big Boats

Micah Leinbach: Bridging the Adventure Gap: Great Lakes Adventures for All

Marci Larsen: Finding Courage Outdoors: Building a Backpacking Community at 40+

LouAnn Stark-Dykemna: Learn the Basics of Paddling a Dragon Boat!

2:15 - 3:00

John Chase: Five Things I Wish I Had Been Told About Kayaking

Gary & Linda De Kock: Suwannee River Wilderness Trail by Canoe

Jerry Vandiver and Caitlin Evanson: Songs About Paddling, Camping and all things Outdoors!

James Dake: Bikepacking to Touring, and Everything Between: A Beginner's Guide

Jamie Welch & Sarah Keyeser-Brown: Adventures for All: Empowering Independence through Adaptive Paddling

Qayaq USA Team: Land Rolling in Your Kayak

3:15 - 4:00

Jay Fowler: Grand Rapids to Washington D.C. or Bust!

Noah Viner & C.A.T. Team: Paddle. Empower. Repeat: Building Equity Through Adventure Sports

Jennifer Reynolds: Group Trip Planning: How to Create an Epic Adventure!

Anna Green: Orienteering at the Junior World Orienteering Championships: Italy, 2025

Eric Renshaw: Why Wood Boats? Sustainability & Environmental Impacts

John Chase: Perfectly Pack Your Kayak for a Multi-Day Trip

4:15 - 5:00

Michael George: Paddling In and Around the Keweenaw Peninsula

Sue Bakkila: Turn Right: Adventures in Eastern UP

Jess Rasmussen & Shawn Towsley: Cycling Adventures for ALL Abilities

Bruce Umpstead: A Bungler's Guide to Backpacking the Grand Canyon

Tim Gallaway: Make the Time - A Backcountry Canoe Film

Charlie Gabriel & Jeff Stieve: Building a 17' Dory: A design Buildable in Your Garage
ALL DAY